

TELL US WHAT YOU THINK!



Hello! We hope you enjoyed attending the **Hello, How Are You? event**. We want to know what you think of the event and of the **'Hello, How Are You?' Steps**. We would be grateful if you could complete this form and leave it with the event organiser.

Many thanks!

1. How did you hear about the 'Hello, How Are You?' campaign? (please tick box)

Posters Twitter Text message (e.g. SMS, WhatsApp) Instagram Facebook Email
Local radio Local newspaper Word of mouth Event advertised on Hello website
Event advertised on other website Other please specify _____

2. How did your participation with the 'Hello, How Are You?' campaign happen?

In-person event Online

If the event was in-person, please answer the following questions:

Name of event (if known): _____

Organisation that arranged the event: _____

County where the event took place: _____

3. At the event did you meet someone who said 'Hello, How Are You?' (Please circle) Y / N

4. Did you have a conversation with them? Y / N

5. Did you feel listened to? Y / N / Somewhat

6. Did someone suggest options for finding further support? Y / N / Don't need further support

7. Did you talk to someone else using the 'Hello, How Are You?' Steps? Y / N

8. Did it help them? Y / N / Don't know

9. Did you suggest to them some options for support? Y / N / Don't need further support

10. Did you see posters or conversation cards with the 'Hello, How Are You?' Steps on social media or elsewhere? Y / N

11. Did you get a Conversation Card? Y / N



12. We'd like to know what you think of The Steps.

Please circle the statement that describes what you think:

The Steps **Hello**, **Engage**, **Listen**, **Learn**, **Options**, are:

To understand:

- Very easy
- Somewhat easy
- Not very easy

In guiding conversation:

- Very easy
- Somewhat easy
- Not very easy

To put into action:

- Very easy
- Somewhat easy
- Not very easy

I found some Steps were easier to put into action than others: (please circle) Y / N

If yes, what Steps did you find harder to put into action? _____

Will you continue to use the Conversation Card again? Y / Maybe / N

Will you pass the Conversation Card on to someone else? Y / Maybe / N

13. Will you seek further help following the 'Hello, How Are You?' event or the campaign?

Yes - I'm thinking about it I don't know right now No - I don't need any further help

If you were to seek further help, who would you approach? _____

14. Will you talk to someone else using the 'Hello, How Are You?' Steps? Y / Maybe / N

15. Did you comment or post about the 'Hello, How Are You?' events? Y / N

If Y, which platforms did you use to comment or post?

Twitter Text message (e.g. SMS, WhatsApp) Instagram Facebook Snapchat

Local radio Local newspaper Other please specify _____

16. In your opinion, what worked well at the event?

17. In your opinion, what didn't work so well?

18. Is there anything else you want to tell us about your experience?

We want to find out something about people who attended the event.

You do not have to complete this section if you would rather not:

Please tell us your age: _____

What is your gender? This refers to the gender you identify with:

Woman Man Non-binary Prefer not to say