



# Say Hello on March 30<sup>th</sup> 2023

Event:

Date & time:

Venue:

Say **Hello** and ask: **How are you?**

<b>H</b>	<b>e</b>	<b>l</b>	<b>l</b>	<b>o</b>
<b>HELLO</b>	<b>ENGAGE</b>	<b>LISTEN</b>	<b>LEARN</b>	<b>OPTIONS</b>
Say Hello and ask How are you?	Engage with the person	Actively listen to the person	Learn about the person & how they are feeling	Give time to talk through options

